PATENT

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Maresh

Title: EXERCISE METHODS AND APPARATUS

A Continuation-In-Part of both:

Applicant: Serial No:

Maresh 08/914,206 Art Unit: Examiner:

3302

Filed:

08/19/97

Title:

FOUR BAR EXERCISE MACHINE

Applicant: Maresh Serial No: 09/030,133

Art Unit: Examiner:

Filed:

02/25/98

Title:

SIX BAR EXERCISE MACHINE

Certificate of Mailing

I hereby certify that this TRANSMITTAL SHEET and the documents identified herein are being deposited with the United States Postal Service as Express Mail No. EI735161206US, postage prepaid, in an envelope addressed to Assistant Commissioner for Patents, Box Patent Application, Washington, D.C. 20231, on this 23rd day of April, 1998.

TRANSMITTAL SHEET

Assistant Commissioner for Patents Box Patent Application Washington, D.C. 20231

The following items are enclosed for filing:

- Patent Application entitled EXERCISE METHODS AND APPARATUS:
 - Typewritten pages of specification
 - Claims (including 3 independent claims)
 - Typewritten page of abstract
 - Sheets of drawings
- Executed Declaration of Inventorship and Power of Attorney
- Executed Declaration of Small Entity Status
- Check in the amount of \$395.00
- Return postcard

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